

Paulinian Post

October

ENGLISH NEWSLETTER

Issue 10

Welcome Back to School!

Dear Paulinians,

Welcome back to St. Paul's Primary Catholic School! We hope you all had a fantastic summer holiday filled with sunshine, laughter, and plenty of fun adventures. Whether you are returning to see old friends or joining us for the first time, we are so happy you are here. It is time to catch up with your friends, share your favourite holiday stories, and make our classrooms bright and happy places to learn!

From exciting science experiments and creative art projects to fun games at playtime, there is so much to look forward to this year. Let's make our school shine brighter than ever – let's dream big, support each other, and have an amazing time learning together!

Warm regards,
SPPCS English Department



2026-2027 English Ambassador Team (EAT)

English Ambassadors are dedicated students, selected for their passion for English and strong communication skills, who serve as role models for their peers and encourage creativity, confidence, and teamwork. They lead various activities inside and outside the school, as well as improve their own skills.

Let us welcome our new English Ambassadors!



Staying Curious and Expanding My World

When I was young, I never thought that I would move to a different country. It was a huge surprise when I found out that my whole family would be moving to Hong Kong, a place I had never visited before. Moving from Manila to Hong Kong has been an incredible adventure, one that I continue to experience today!

Life in Manila is warm and full of nostalgia. My friends and family all live there. Around my neighbourhood, there is always music playing loudly, children running and plenty of corner stores to buy candy and snacks from. People smile at each other and are friendly even to strangers. The weather is either very hot or rainy, but children still find ways to have fun. I have fond memories of going to the park and playing in the rain with my friends!



A typical corner store in the Philippines.

In contrast, daily life in Hong Kong moves at lightning speed, with crowds flowing quickly through bustling streets and busy train stations. Transportation and services are extremely efficient. People can be quiet and reserved at first, keeping to themselves on their daily commutes, but they are deeply polite and helpful whenever you need a hand. At night, the city slows and glitters with its tall buildings and bright neon lights.

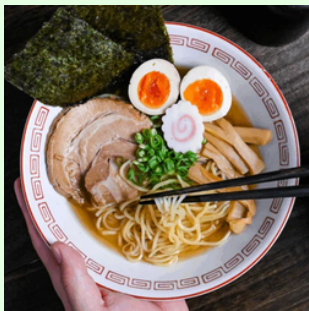


Victoria Harbour at night.

After living in Hong Kong for several years, I have found that a wonderful similarity it shares with the Philippines is the perfect balance between vibrant cityscapes and serene nature. In just thirty minutes, you can leave towering skyscrapers

behind, hop on a ferry or bus, and find yourself on a quiet, peaceful beach or hiking up a lush green mountain. This provides a comforting sense of familiarity that always reminds me of home.

Perhaps my favourite realisation about living in Hong Kong is that it is a unique cultural melting pot, where people from every corner of the world can meet. My family and I have no other relatives who live here, but the good friends that we have made along the way come from many different countries. I have friends from Nepal, India, Indonesia, England and even Kazakhstan!



Japanese ramen and Spanish paella.

Living here has opened so many exciting doors for me. Besides meeting friends from all over the world, I have loved trying new traditions and tasting delicious local foods—like pillowy egg waffles and silky cheung fan! There are also plenty of the restaurants that serve

international cuisine. I feel lucky that I don't have to travel to Japan just to have a bowl of ramen, or fly to Spain for a fresh pan of paella.

Working here at SPPCS with such smart and kind students has also allowed me to meet people from different cultures. I want to spread the love of trying new things – even if it seems scary at first! It is important that we encourage ourselves to stay curious every day. Try a new food, learn a phrase in a new language, or travel to a different country.

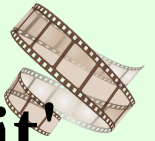


Going on a basket boat ride and eating pho during my trip to Vietnam this past summer!

Opening your mind to different ways of living helps us develop our understanding and empathy for others. It helps us grow kinder, builds our confidence, and allows us to live life to the absolute fullest!

Miss Irish

Lights, Camera, Success! English Ambassadors Shine at 'Filmit'



In a remarkable display of creativity at the 'Filmit' 2026 inter-school competition, our students achieved outstanding recognition for their filmmaking talents. A dedicated team of English Ambassadors secured an impressive 3rd place with their powerful one-minute film, *Malala's Journey*, showcasing their exceptional storytelling and language skills. Hooray!

Adding to the celebration, another talented team of English Ambassadors received a prestigious Honourable Mention from the judges for their captivating and thought-provoking entry, *More Than Just Paper and Chocolate*. These wonderful achievements are a testament to our students' hard work, passion, and collaborative spirit.

Let us celebrate the success!



Book Recommendations

Who is better to recommend a great story than our students? Dive into this delightful collection of books featuring the magical tales and exciting adventures that captured our pupils' hearts.

George's Marvellous Medicine, Roald Dahl

In the story, a little boy called George had to take care of his Grandma. He got tired of her bossy attitude, so he used lots of household items to make magic medicine for her.

When it was time for Grandma to take her medicine, George mixed the real medicine and a few drops of his magical potion. After she drank it, a strange thing happened: Grandma was growing through the ceiling! When George's mum got back, she was shocked to see Grandma above the roof! However, when his dad returned, he was so excited and suggested that they make more medicine to sell.

I like the story because it is so funny and creative. George makes some medicine and experiments on his Grandma. I like the part when he mixes the potion as it sparks my imagination.

4C Hilary Sher



May the Best Player Win, Kyla Zhao

If you love fast-paced stories packed with high stakes and the girls' power, May the Best Player Win by Kyla Zhao is a must-read.



The story follows May Li, a brilliant 12-year-old chess player, who has already achieved a lot - she helped her team reach the national championship while earning top honours. Despite her clear talent, May faces dismissive male opponent who insists that boys are naturally better at the game. She refuses to let anyone sideline her abilities and makes a bold move: she enters a tournament and bets everything to prove her worth and win the official title of the team captain.

If you want to know what happens next and whether May can overcome all the obstacles to reclaim her confidence, pick up a copy of the book to discover it!

6A Alyssa Tung

The Day I Stopped Scrolling and Started Seeing

6D Leanne Shiu



My summer vacation did not begin with grand plans. It started with a small decision I made on a hot afternoon. I wanted to go somewhere new, not just stay at home and get addicted to my phone. The next day, my family and I chose a local train we had never tried before. At first, I felt slightly nervous because I did not really know the route and I was not sure if I would keep going. But once we reached the massive viewpoint, the view opened up like an award. Mountains in the distance, trees everywhere and a breeze that instantly made the whole day feel alive.

On the way back, I noticed that I kept describing the things in my head. It looked... It felt... I could see... I began taking quick notes on my phone after we stopped to rest, writing a few lines about what I saw and how I felt. Sometimes, my grammar was not perfect but I did not really care as much as I usually do. I corrected myself later using simple words, then trying to make them more accurate.

What I learnt surprised me. I learnt that language does not grow entirely from the textbooks, it also grows when you use it to capture real moments. Most importantly, I realised that confidence comes from doing small things repeatedly. Even one short paragraph a day makes me feel a lot braver, clearer and more willing to speak.

By the end of my summer vacation, I was not just tired from travelling. I felt like I had collected some memories and skills. That made me want to start the new term with the energy, not with pressure.



A Trip to Sydney

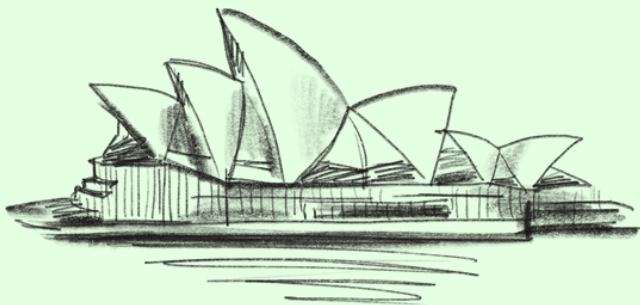
4D Jill So

One night, my mum surprised me with a trip to Sydney, Australia! My eyes lit up when I knew it. After that, my family and I started packing. Our suitcases were so full. We went to the airport at midnight.

When we arrived in Australia, we did a lot of activities. My favourite activity was the time when we went to the zoo. We saw a lot of animals like kangaroos, koalas, quokkas and many more! They were so cute. There were ziplines to go on. It was so scary but also fun!

The Opera House was one of my desired places. During the journey, I finally got to go to the Opera House! I bubbled with excitement when I got there. The amazing view took my breath away. We took a lot of wonderful photos there. The weather was perfect!

My summer vacation in Sydney was an amazing adventure. I had a wonderful time with my family!





My Spectacular Summer Adventure in Tokyo

6A Vittoria Chesi



This summer vacation was an absolutely spectacular experience that allowed me to explore my dream destinations in Tokyo.

First, we went to Moomin Valley Park in Hanno, the only full-scale Moomin theme park outside Finland. Walking through the gates felt like stepping directly into the pages of a fairytale book! Our primary destination was the iconic Moomin house. This cosy, life-sized, three-storey house is fully equipped with a kitchen, bedrooms and a cellar. It was as whimsical as a dream. Next, we moved on to the massive Moomin Valley diorama. As the model slowly rotated, the synchronised lighting simulated the changing seasons and weather. I could even peek inside the lives of Moomin and Little My from the cutaway house! It brought my beloved characters to life like a magical painting coming to motion.

Following our enchanting morning, we travelled back to the bustling city to visit the famous Owlpark Owl Cafe in Ikebukuro. There are over 30 different species of owls in the cafe such as snowy owls, tawny owls and great horned owls. Visitors are permitted to pet, feed and even hold them. My personal favourite was a stunning cute snowy owl, whose feathers were as white as freshly fallen snow. It stared at me with mesmerising golden eyes that shone like two brilliant suns. Although the name of the cafe only suggests owls, it actually houses many other fascinating animals including hedgehogs, iguanas and even snakes!

This journey was a truly mind-blowing adventure that broadened my horizons. I hope to revisit these breathtaking sights in the near future!



An Unforgettable Summer Boat Trip

5B Hayley Cheung

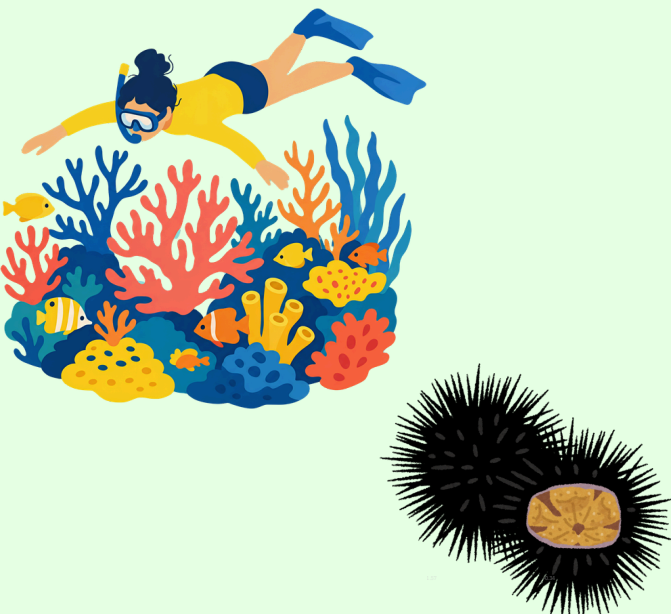
This summer vacation was the best of all! My dad bought a brand-new boat. It was white and blue with a small cabin inside. He brought our whole family on a wonderful boat trip to the sea.

In the morning, my dad drove all of us to Sai Kung, where the boat was moored. Daddy was the captain and we all followed his instructions on the boat. After a while, we finally arrived at a quiet beach. I went snorkelling and saw a lot of sea urchins around the coral. I also saw many colourful fish.

After we finished playing in the water, Dad drove us to see the unique volcanic rocks along the seashores. They are so special and beautiful.

In the evening, we went to a seafood restaurant to enjoy a wonderful dinner. It was so delicious!

I felt so lucky to have this amazing time with my family. This summer vacation was an unforgettable experience.



My Summer Running Camp

5B Christina Lee

During the summer vacation, I went to a three-day running camp organised by my running club. It focused on short-distance running, including sprints and fast finishing.

The weather was crazy. On the first day, the heat burnt my feet. It rained heavily on the second day, and we were all soaked on the third day. We ran three-hundred-metre sprints and did many fitness exercises. We practised one-hundred-metre dashes and starting positions repeatedly. I also learnt how to pack my suitcase and manage my time by myself.

At first, I did not try my hardest. However, soon I fell in love with running. I listened closely to my coaches and kept practising. As a result, I improved my personal best time! The training was tough and tiring, but I never gave up. My new friends cheered me up. I learnt self-discipline and realised I was stronger than I had thought.

I am grateful to my parents for this valuable chance. The camp improved my endurance. It was the highlight of my summer vacation. Now I love running because it keeps me healthy and strong. I feel faster and more confident. I hope I can join the camp again and try my best to take part in the Olympic Games one day!



Calling for Submissions

Dear Paulinians,

The SPPCS school newsletter is a wonderful opportunity to share your creativity and showcase the amazing things happening in our school community.

Ideas for submission:

- Creative Writing: short stories or letters
- Book/film/food reviews
- Travel experiences
- Classroom Highlights: fun projects or activities from your class

To submit, please email your work to pospelova@sppcs.edu.hk anytime. Remember to include your full name and class so that I can give you feedback or editing suggestions.

Let's make our school a canvas for creativity—because every student has a unique spark waiting to shine!

Thank you for your contributions!

Warm regards,
Miss Daria
Editor-in-Chief, Paulinian Post

